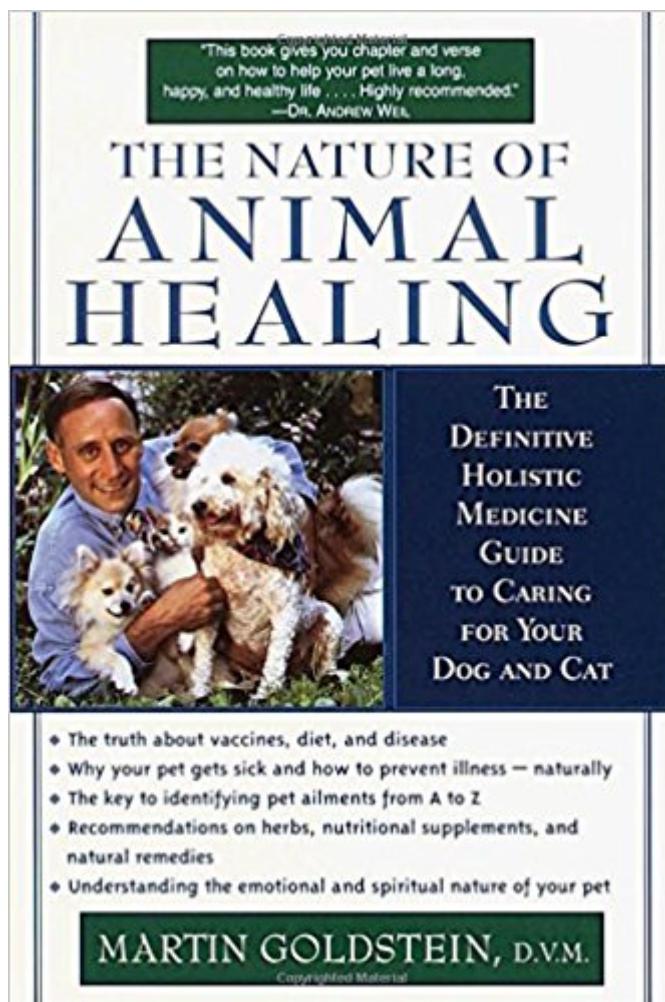


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# The Nature Of Animal Healing : The Definitive Holistic Medicine Guide To Caring For Your Dog And Cat



## Synopsis

A pioneering revolutionary prescription for the health and long life of your pets For two decades, Dr. Martin Goldstein--America's most successful, renowned holistic veterinarian--has healed and helped his animal patients with the same natural therapies that benefit humans. The results have been so astounding that today critically sick pets are brought to him from across the country for a new chance at life and health. In this compelling, very accessible book, Dr. Goldstein explains exactly what holistic medicine is and how it works. By treating the root of a health problem instead of its symptoms, you too can help your animal to regain and maintain its own health, as nature intended. Dr. Goldstein also shares many remarkable true stories of supposedly terminally ill animals who have recovered to full wellness. Inside you'll discover- Why our animals get sick, even when we strive to give them the best of care- An exhaustive A to Z guide of pet ailments--and the best course of action- Why vaccines can do more harm than good- The link between diet and disease--and how the right diet can not only prevent disease but reverse it- How acupuncture, homeopathy, chiropractic, and other alternative options work--safely and painlessly--to restore true health- Specific guidance for the use of herbs, supplements, and natural remedies- The good news (and the bad) about cancer in animals--including extraordinary new treatments and potential cures- Coping with the inevitable death of your pet--both physically and psychologically And much, much more PLUS--the ultimate resource for holistic pet care: an extensive guide to holistic product manufacturers and stores, books, newsletters, Web sites, veterinarians, and associations!

## Book Information

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## Customer Reviews

As an accomplished doctor of veterinary medicine, Martin Goldstein is well respected for his 25 years worth of experience in the field--experience he effectively utilizes in conjunction with his expertise in holistic medicine in his new book, *The Nature of Animal Healing: The Path to Your Pet's Health, Happiness, and Longevity*. Goldstein begins with a broad explanation of the origins of diseases in pets, then moves on to taking action against those diseases, not only offering thorough discussions of specific ailments--including cancer, allergies, and arthritis--and the holistic medicines available to help in the healing process, but also speaking to the "dubious legacy of vaccines" as well as the questionable quality of pet food. Finally, Goldstein turns his attention to the spiritual realm, addressing both the bonds that we have with our pets--and how those bonds aid in preventing and fighting our pets' health problems--as well as dealing with the death of a beloved pet. Goldstein's expert advice, inclusion of inspiring real-life cases, and thorough resource "compendium of holistic books, newsletters, Web sites, veterinarians, and associations" make this book a valuable addition to any pet owner's library. --Julia King --This text refers to an out of print or unavailable edition of this title.

Responding to an alarming increase in cancer and other diseases in ever-younger pets, Goldstein, founder of the Smith Ridge Veterinary Center in upstate New York, offers a vivid and engrossing account of how toxic environment and poor diet are proving as deadly to our animals as they are to us. "Cancer is the far marker, the defining outer limit of how toxic our world has become, and of what those toxins can do to animals," writes Goldstein. Declaring himself one of a growing number of holistic veterinarians, Goldstein outlines an approach to healing that revolves around strengthening the immune system through diet and such holistic healing techniques as acupuncture and homeopathy, so that an animal can heal itself. Describing how he has treated an alphabet of medical problems, Goldstein reveals that the most radical vision is often enacted through small, commonsense steps?anemia requires iron, wasting diseases such as cancer indicate a need for increased protein. Although some readers used to conventional medicine will find Goldstein's views and proposed cures too drastic, the case he builds is exuberantly persuasive and actually inspiring rather than dire, which is not surprising since veteran *Vanity Fair* writer Michael Schnayerson is his co-writer. Goldstein also acknowledges the works of Scientology founder L. Ron Hubbard, which in this case lends the notorious guru a bit of the author's positive, compassionate spirit. This is a life-affirming book that should interest any pet owner. 100,000 first printing. Copyright 1999 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

This is a wonderful book to have for dog and cat lovers ! It is my go to book when I need to know how to care for our dogs and cats !

This book was more like a series of anecdotes, I skimmed through half of it (lots of rambling). I think it is overall informative and useful, but most of what he states is unsupported by any evidence -- even statistical claims that would be fairly easy to cite are not. The diet chapter, for example, sounds like he just cobbles together meals for his dogs that magically work (including slices of pizza -- that was a little odd because he seems obsessed with a healthy diet). The most useful chapters were on vaccination and the list of health concerns -- I bought this book mostly for that.

This is a book that I will refer to many times. I have already begun to examine the toys and foods I have been giving my dogs for years without even thinking about where the products originate and what the products are made of. We recently lost a dog because we allowed our vet to inoculate her even though the dog had been having reactions to previous vaccinations. After reading Dr Goldstein's chapter on vaccines, I realized we never should have allowed that last set of vaccines. Our dog had recently developed Epilepsy. Goldstein's article on Epilepsy convinced me that this was a result of the vaccinations she had been reacting to over the 8 years of her life. I now think she developed low-grade of inflammation of the brain. In the future I will not allow vets and their techs to intimidate me into shots that I feel will harm my pets. Maybe you can't teach old dogs new tricks but perhaps you can teach old pet owners to do more research on how they care for their pets. I wish I had known about this book sooner. Although I don't agree with everything Dr Goldstein says I have found the book to be very enlightening and recommend it to caring intelligent pet owners.

This book is a must-have for any pet owner to know all the health care options available for your furbaby. As with human medical care, options extend beyond traditional care. With proper diet and nutritional supplements, prescription medications may not be needed in some cases. In 2002, my beloved German shepherd Brandy was diagnosed with hemangiosarcoma, a deadly canine cancer. Her prognosis was one month with no treatment and 3 - 6 months with chemo. I didn't think it was fair to subject Brandy to chemo to buy her just a couple more months, so I sought other options. A friend told me about this book and I quickly ordered it. I was so impressed with Dr. Goldstein's message that I set up a phone consultation with him. He immediately started Brandy on a low carb diet (carbs feed cancer cells) and vascustatin and immkine to halt blood flow to the tumor, along with some other nutritional supplements. Within two or three months on this regimen, Brandy's tests

showed no signs of cancer. A holistic practitioner added more supplements and took Brandy's diet a step further, putting her on raw organic meat instead of cooked meat. Brandy continued to remain healthy and cancer-free for another year and two months, until she tragically passed away from an unrelated cause. I will always be grateful to Dr. Goldstein for the extra time with my precious little girl.

I was looking for a book with recipes. There are no dog food recipes just general guidelines. I am allergic to additives and one of my dogs got sick and I began to think that maybe it would be a good idea to get away from the crap they put in the food. After reading part of this book I don't think I will ever use commercial food again. Will buy small bag from Trader Joes to supplement. I have talked to other dog owners that have had their dogs get allergic reactions and had to change food. Basically, the advice is feed brown rice, vegetables and meat. Found a great food blog that told how to fix brown rice. Use a small 1.5 quart crock pot, 1 cup brown rice, 2 cups water or chicken broth, set on low for 2 hours and it comes out great, also good use for left over veggies.

If you purchase a book on dogs or cats, this is the one to buy. Based on his recommendations and changes we have made - our dogs have now beaten heart disease. Our vet cannot believe the results... I believe this book should be mandatory reading for every pet owner. It's clear the author is willing to explore all avenues of therapy. I am really happy to see a doctor come out and admit his success with homeopathy and other holistic treatments. In addition, he also defines clear points of time to switch out to normal therapies if others fail.

Dr Goldstein offers homeopathic treatments but he does not go into details of administering the treatments. I don't have a clue about homeopathy so obviously I would expect to see how much of a product to use, frequency, handling, etc. For example, he may recommend nux vomica for lbd but nowhere does he say how much. Neither, does he advise on the safety when using the products, for e.g., should I stop administering nux vomica after 1 month. Is it that homeopathic therapy is so safe that it can be used infinitely...I don't know...Although, to be fair, in some areas he would say frequency of use for a product...BUT, he consistently omits the dosage. Unless, he is expecting the reader to have some idea about alternative medicine. So now I have to further research how to use the products he recommends.

I have a dog with a fibrosarcoma on his face. It gave me great hopes to read about IAT therapy in

his book and I contacted Dr. Marty's clinic in NY. My guess is that the FDA threatened him in a very serious way. They shut down the program that was doing the curing. He actually told me to go with radiation therapy on my dog! The entire book is against it, even today there is no scientific evidence that radiation therapy is effective against fibrosarcoma.... on the other hand, several reliable sources of fact based evidence list radiation as a cause for fibrosarcoma. That was all the great Dr. Marty could recommend? So sad. I wish the Dr. Goldstein who wrote the book was still around. It is a good book with good information... at least he left that behind.

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